

## Joy and Peace that Surpass All Understanding

Praise & Worship: Peace like a River – <https://www.youtube.com/watch?v=d6085sLXCMs>

Joyful, Joyful - <https://www.youtube.com/watch?v=bIVupwNgIVA>

Scripture References: Nehemiah 8:10, Psalm 9:2; John 15:10,11; Isaiah 26:3; Philippians 4:6-7; John 14:27

Memory Verses of Power: “May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.” - Romans 15:13 (NKJV)  
 “But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness faithfulness, gentleness, self-control. Galatians 5:22,23

Scripture Summary

1. The joy of the Lord is our strength (Nehemiah 8:10)
2. Praising God brings us joy (Psalm 9:2)
3. Jesus gives us His joy (John 15:10,11)
4. God gives us perfect peace when we focus on Him (Isaiah 26:3)
5. Jesus gives us His peace so that we do not have to be afraid (John 14:27)

Discussion Thoughts:

1. How is joy different from Happiness? Is there a difference?
2. What does the word peace mean to you?
3. How can we have joy and peace in difficult situations?
4. How is Jesus' peace different from the world's peace?
5. How can we share God's joy and peace with others?

Encouragement: Joy means having contentment, satisfaction, or gladness in our heart. Happiness is fleeting and is based on our current situation. Joy comes from God and is not based on whether good things happen to us. True Joy comes from having a personal relationship with Jesus. Nehemiah 8:10 says “...the Joy of the Lord is our strength.” We can have joy in any situation because we can trust in His promises and His love. Peace is similar.

Have you ever been in a scary situation? Maybe you have been nervous about a test, scared of an insect or bully, or afraid of getting sick. It feels like we have a storm in our heart. Jesus' disciples were also afraid of a terrible storm. Jesus was not afraid. He spoke to the storm and said “Peace, be still.” (Mark 4:39). Jesus was not afraid, because He had authority over the storm. We can have peace because that same Jesus lives in our heart. We can call on Him to bring peace in stormy situations. Like joy, true peace comes from knowing Jesus.

Object Lesson: [www.youtube.com/watch?v=YpyjQJbmeBk](https://www.youtube.com/watch?v=YpyjQJbmeBk)

How can we grow joy and peace in our heart? It's easy to become frustrated when things don't go our way or anxious when we face challenges, but we can choose to trust God and remember His promises. The next time you get frustrated or sad, remember something good that God has done for you and thank Him for it. Praising God grows joy and peace in our hearts. It reminds us His goodness. When we tell other people about Jesus, it helps us spread His joy and peace. Who can you tell about God's joy and peace?

Prayer: Father, thank you for giving me Your joy and peace. Help me to always focus on your promises, authority, and goodness. Please help me to spread your joy and peace to others. I love you. Amen.



God, you are awesome!

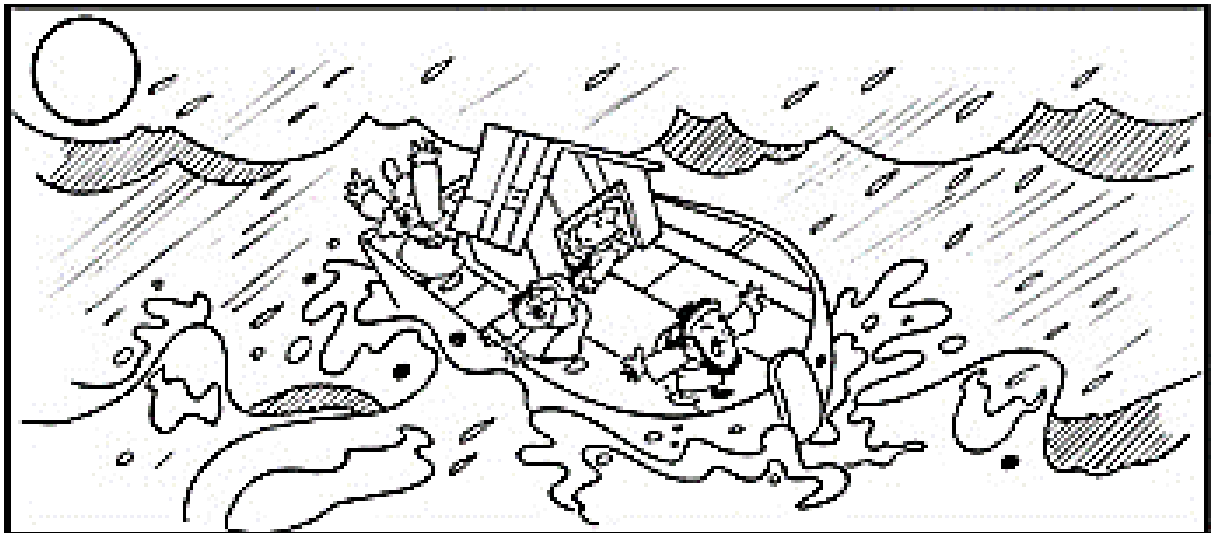
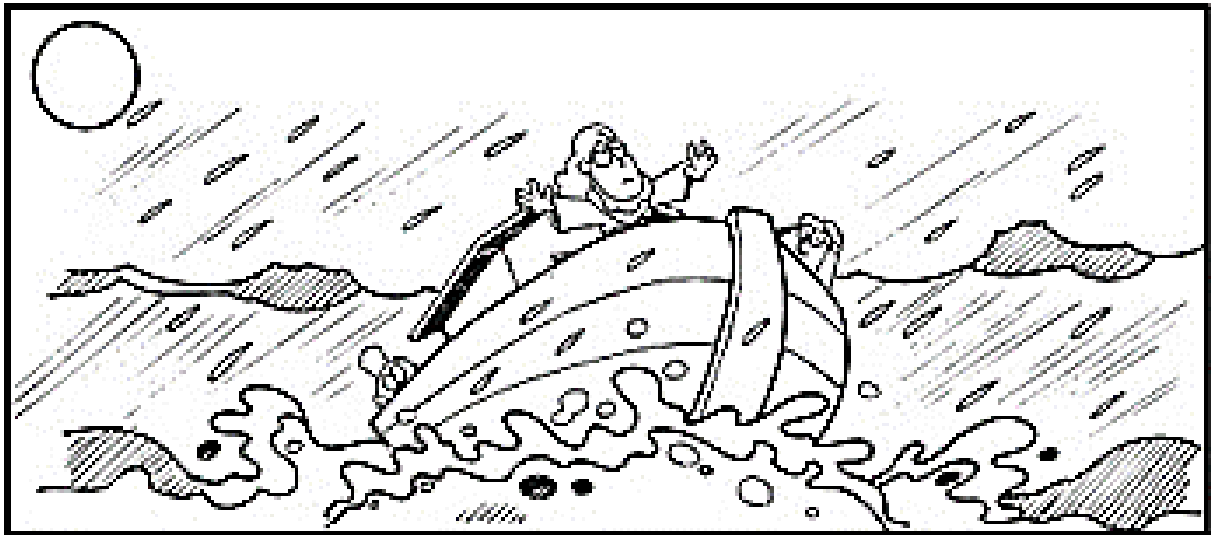
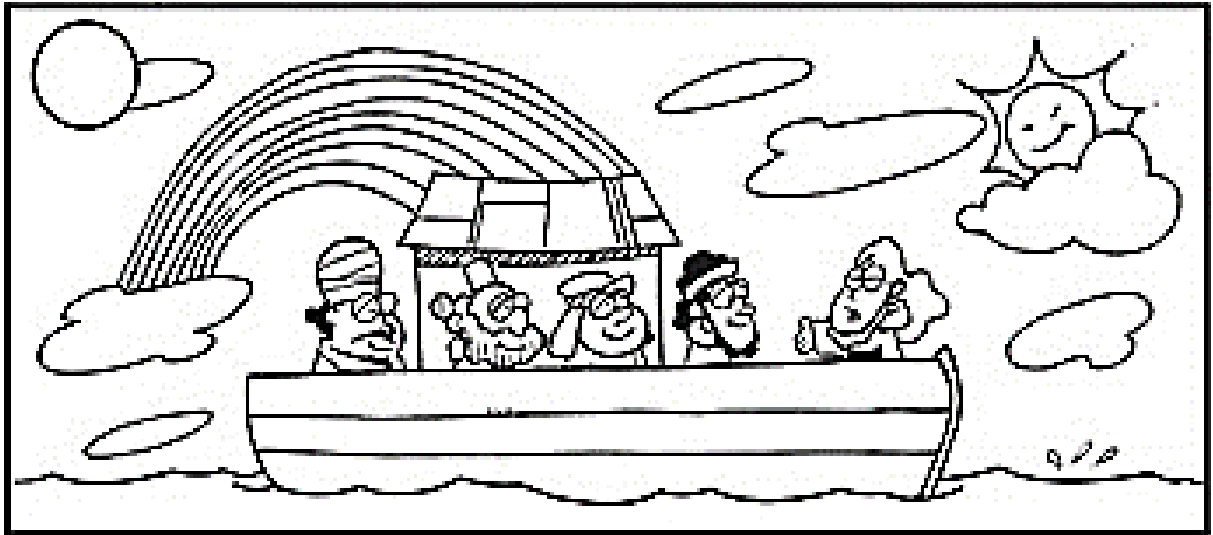
[https://sermons4kids.com/awesome\\_god\\_colorpg.htm](https://sermons4kids.com/awesome_god_colorpg.htm)

I will be glad and rejoice in You; I will sing praise to Your name, O Most High. - Psalm 9:2  
(NKJV)

But the fruit of the spirit is love, joy, peace, longsuffering, kindness,  
Goodness, faithfulness, self-control. Galatians 5:22,23 (NKJV)

# The Storm

Color the pictures and put them in order from 1 to 3.



Mark 4:35-41

<http://comunidadekidsgv.blogspot.com/2012/10/jesus-abencoa-os-pescadores.html?m=1>

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ALWAYS  
BE

joyful

NEVER  
STOP

praying

BE

thankful

IN ALL CIRCUMSTANCES. THESSALONIANS 5:16-18

*HouseMixblog.com*

<https://www.housemixblog.com/wp-content/uploads/2017/05/Bible-verses-to-color-1-06.jpg>

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It's your turn! Draw a picture of "joy or peace" in action."

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goodness faithfulness, gentleness, self-control. Galatians 5:22,23