

God is My Strength
Philippians Chapter 4

Praise & Worship: I Can Do All Things - https://www.youtube.com/watch?v=gz95MznU_VU
At the Top of My Lungs - <https://www.youtube.com/watch?v=L0vGSN5wvSo>
Don't Worry About Anything: <https://www.youtube.com/watch?v=GoLuhHYPA8I>

Scripture References: Philippians (Phil) 4:1-21

Memory Verses of Power (MVP): "I can do all things through Christ who strengthens me." - Phil 4:13 (NKJV)

Scripture Summary: Apostle Paul's letter to his friends in Philippi.

1. We must be unified in Jesus. It is important that we find common ground in Jesus so we can work together despite our different life situations and beliefs. (v. 1-2)
2. We should behave as believers in Christ: rejoice always in the Lord Jesus, be famous for gentleness, do not worry, instead tell Jesus about your worries and thank Him for listening. God will give us peace and protect our hearts from despair. (v.4-7)
3. Think often about things that are true, noble, good, pure, lovely, and praiseworthy. (v.8)
4. Paul says he has learned how to live for Jesus no matter how good or bad his situation is. He says he can do all things through Christ's strength. Lastly, he thanks his friends for their continuous love and support (v.10-22)

The Lesson: Being a follower of Jesus is a gift and honor. We gain new purpose and important responsibilities. We cannot do whatever we want anymore. We must do what Jesus wants. We are to be an example of God's love so that other people can receive the gift of Jesus too. To do this, we must think about God's goodness and read and watch media that helps us be more like Jesus. We must pray for others and trust God with our problems. We must speak and treat others kindly. We must give clothes, food, and/or encouragement to people who are sad and need help. By doing these things, we honor Jesus and run our race to victory.

Discussion Thoughts:

1. How can we train our mind to think about what is true, honest, good, pure, just, lovely, and praiseworthy?
2. What are you anxious about? Have you talked to God about it?
3. What can you rejoice in Jesus? How can we do this every day?
4. Where do you need Christ's help in your life (school, home, work, friends, family)? How can Jesus help you?

Encouragement: Sometimes, trying to live like Jesus can seem too difficult. Sometimes, seeing how much other people don't want to be like Jesus can make us sad. However, Jesus gives us His strength so we can overcome these challenges! God's love, peace, joy, and strength will be with us as we learn and grow to be like Him and help others know Him and live for Him as well.

Object Lesson: God's Strength - <https://www.youtube.com/watch?v=sxfatU88Md4>

When we accept Jesus in our hearts, He strengthens us from the inside out! This means no matter the difficult circumstance, He keeps us from breaking!

Prayer: Thank You Jesus for giving me a new life. Thank you for giving me your strength and your peace. As I run my race for you, help me to always think about your goodness and show it to others. In Jesus Name, Amen.



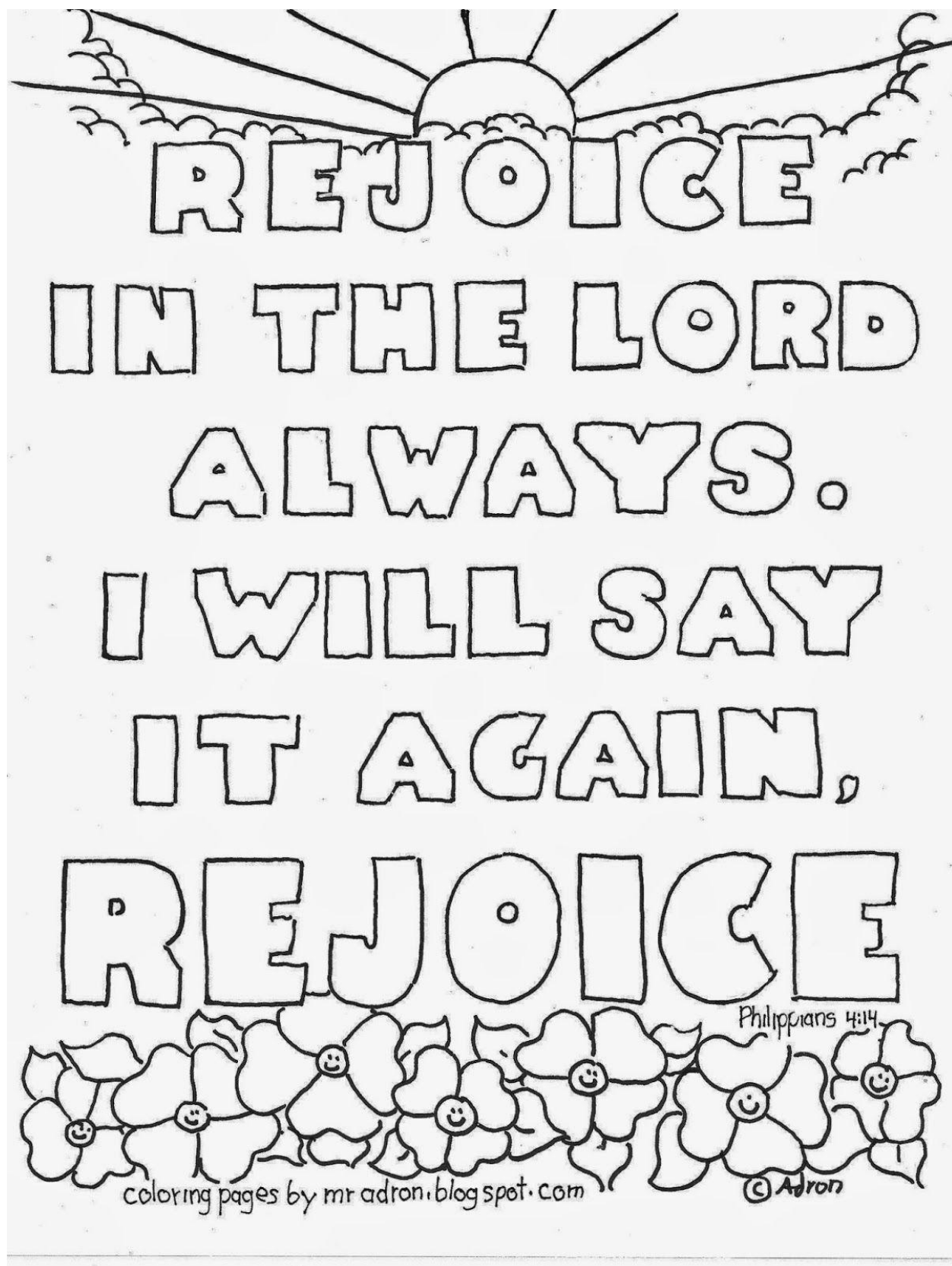
I CAN DO ALL THINGS

through
Christ

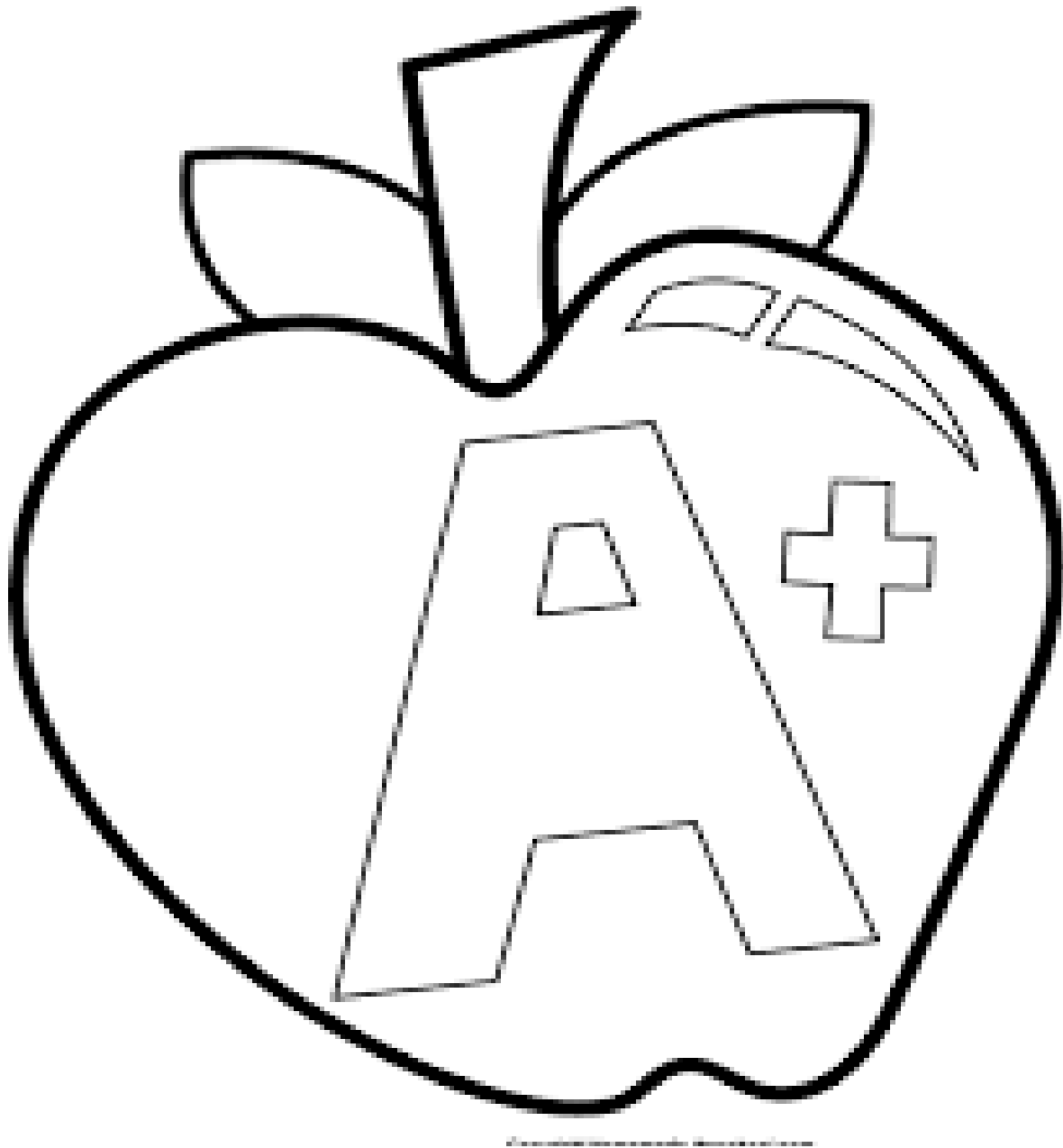
WHO STRENGTHENS ME.

PHILIPPIANS 4:13

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I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)



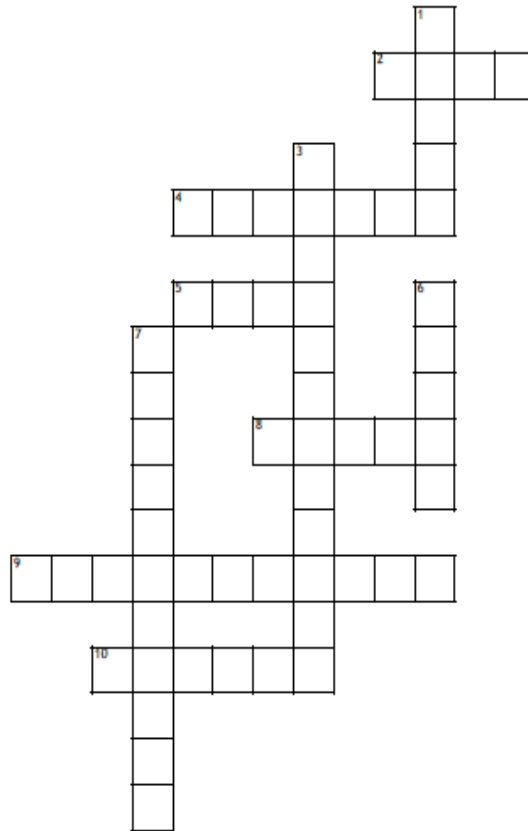
I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)



I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)

Name: _____

Philippians



Across

2. Who wrote the book of Philippians? _____
4. Philippians 4:13, I can do all things _____ Christ who strengthens me.
5. Philippians 4:4, Rejoice in the _____ always. Again I will say, rejoice!
8. Philippians 3:14, I press toward the goal of the _____ of the upward call of God in Christ Jesus.
9. Philippians 2:14, Do all things without _____ and disputing.
10. Philippians 4:19, And my God shall supply all your need according to His _____ in glory by Christ Jesus.

Down

1. Believing without seeing is _____.
3. Philippians 1:1, Paul and Timothy, _____ of Jesus Christ,
6. God _____ us.
7. Name of the book we read. _____

Possible Answers

| | | |
|--------------|-------------|-------------|
| Faith | Paul | Philippians |
| riches | Genesis | Lord |
| bondservants | prize | loves |
| Joshua | complaining | through |

I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)

I can do all things through him who gives me strength.
 — Philippians 4:13

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | S | D | F | G | H | J | K | L | P | O | I | U | Y | N | P |
| G | G | O | D | S | A | Q | H | Q | W | E | R | T | Y | A | H |
| H | J | K | L | M | N | G | B | V | C | X | Z | E | P | C | T |
| U | Y | T | R | F | U | D | D | S | A | Q | W | L | V | P | M |
| I | D | R | T | O | T | Y | U | J | K | L | M | B | B | O | X |
| O | D | G | R | J | K | L | P | E | P | Q | W | I | V | I | O |
| P | E | H | Y | U | I | O | P | S | L | M | N | B | V | U | Z |
| P | T | Q | W | X | C | V | B | U | N | L | K | J | H | Y | R |
| E | H | T | G | N | E | R | T | S | S | D | F | G | H | T | W |
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| Q | N | O | V | O | I | U | T | R | E | S | K | L | G | E | C |
| A | G | L | E | M | B | X | T | O | R | Y | O | M | R | W | F |
| S | S | I | S | N | A | I | P | P | I | L | I | H | P | Q | D |
| D | Y | K | E | W | L | F | G | H | J | H | B | A | S | Q | S |
| F | G | H | J | K | L | L | M | N | B | V | C | X | Z | A | S |

Find these words from this week's lesson and Bible verse:

| | | | |
|-------|-------------|--------|-------|
| JESUS | PHILIPPIANS | THINGS | WHO |
| CAN | STRENGTH | ALL | GOD |
| GIVES | THROUGH | HIM | BIBLE |

I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)

It's your turn! Draw a picture of something mentioned in the lesson today. Will you draw God's strength helping you? Or maybe how you can show gentleness toward others? Or you can draw your praise to Jesus. The choice is yours!

I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)